



Marsden Excellence Programs Medical Triage and Return to Play Process

Aim: To support our Excellence students to perform unrestricted by providing initial injury assessment and communication to of injuries to key stakeholders.

Process: At a weekly allocated time each week during the school year* (generally Mondays between 9am- 9.50am unless communicated otherwise) students can see a physio therapist for a 10 minute triage time slot. Triage is for assessment of injuries that did not require immediate medical assessment at the time of injury. Information regarding the injury and a plan of action is communicated to all key stakeholders.

Process:

Excellence students and their families are to have completed parental consent form for third party Fizzio for Life form via <http://www.fizzioforlife.com.au/consent-form> (Using password: marsden2019) and then book their time slot through the following link: <https://eq.sobs.com.au/pt3/parent.php?schoolid=70376>

- 1- Marsden State High School will communicate to Excellence students and their families the time and day of the week that the support is available. A link to the booking system will be sent to Excellence students and their families.
- 2- Following a non-urgent injury to an Excellence student that may result in restricted participation for Excellence classes, the family books in a triage time slot through the online booking system. In the event of no available bookings, families should contact their preferred physiotherapist and make a private appointment. Students should be sent to school with a note from home and the student should report to their coach on their first morning back at school.
- 3- Students should arrive 10 minutes prior to their allocated booking.
- 4- Physiotherapist completes their assessment and informs the student of diagnosis and an immediate plan of action. Physiotherapist compiles a post session report that includes each student seen, initial assessment and recommended actions / training modifications and sends through to Excellence staff email group.
- 5- Exercise Physiologist is available to see students on a timetabled roster to implement return to play process. Exercise Physiologist to send weekly update to physio and coaches.
- 6- Excellence coach and individual player monitor the return to play progress.

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